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Oscars for All!



underestimating Not the global prestige of the Oscars; this article intends to discuss how everyone in the world has not only learnt, but has also started acting anywhere and everywhere in their lives. This acting, unlike movies doesn't end, but continues every day and makes highly skilled and experienced actors that definitely deserve at least one Oscar each! Today the scenario is such that everyone has held different masks over their original self since so long, that their masks have indeed become their identities.

Be it job, colleagues, friends or family; we have started making separate artificial sets of personalities as per the situations and their requirements. This has ultimately resulted into super-hypocritical society where nobody trusts anyone. It is also responsible for overall insecure mentality and identity crisis in different phases of life.

Let's find out three main reasons why people enter this fictitious world of personality distortion and can never come out...

Reason#1 Attention Deficiency

It often happens that a moment comes; when we start feeling that no one is noticing our presence. This is the most common reason behind creating artificial personalities. Somehow, being the centre of attraction is an innate desire in all of us, but not all are blessed with such awesome personalities that can influence masses. So, we are tempted to do what is the most logical solution to satisfy this desire; create a personality that is attractive enough! The attention and importance, feels really good in the beginning; but ultimately leads to



serious depression when the one learns that all that is around; belongs to that fake personality and not his original self (if he realises at all).

Reason#2 Phobia of Rejection

In the bad mood, we often need to hide our troubled personality and flip it into an overwhelmingly happy one for the sake of others. This is another most common reason for preferring fake over real. It is indeed, the fear of response that can arise out of being direct. Not everyone in our life is sporty enough to accept and understand the different ups and downs that we go through, because of which, the artificial personalities seem to be even more necessary at times. But it ultimately, leads to a state when we start acting perfectly fine



even we are absolutely not; so that the people around us don't avoid and leave us.

Reason#3 Desire of Utopia

When the basic struggles of attention and rejection are sorted out; there arises an even more advanced desire to perfectly balance and maintain everything in our life to its most optimal level possible. This is even a bigger problem within itself – having everything at time. In a never ending struggle of idealisation of life, we easily tend to create different personalities in order to keep everyone happy around us. Although most of the times, there is no wrong intention behind doing so; it is a very tough thing to manage and often leads to exhaustive



frustrations. As a result, we tend to throw it all up on the easiest possible targets around us, which again, has its own consequences.

Anyways, until we manage to find people that love us for what we are; congratulations for the Oscar & happy acting...

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